



COACH ALLSTRONG®: DEVELOPING LEADERSHIP THROUGH COACHING

PROGRAM OVERVIEW

PERSONA



Transformer

COMPETENCY



Cultivating
 Growth

SKILL



Developing
 Others

This 1-2 day program equips participants with essential coaching skills to drive team development, engagement, and resilience. By integrating coaching into everyday leadership practices, this program fosters a culture of growth and high performance, enabling leaders to unlock the potential of their team members while enhancing organizational success.

PROGRAM OBJECTIVE

By the end of this program, participants will:

- Cultivate coaching mindsets and practices that align with effective leadership.
- Strengthen interpersonal skills such as active listening, constructive feedback, and empathy.
- Build a trust-filled environment that supports growth, collaboration, and team empowerment.
- Enable leaders to guide teams through challenges, encouraging adaptability and resilience.



PROGRAM OUTLINE

MODULE 1:

FOUNDATIONS OF COACHING FOR LEADERS

- Understand the core principles of coaching and how they differ from traditional management.
- Explore the importance of coaching in leadership and its impact on team and organizational performance.

MODULE 2:

ACTIVE LISTENING AND POWERFUL QUESTIONING

- Learn and practice the essential skills of active listening to understand team needs deeply.
- Develop the ability to ask powerful, open-ended questions that promote self-reflection and accountability among team members.

MODULE 3:

PROVIDING CONSTRUCTIVE FEEDBACK

- Master the art of giving clear, actionable, and constructive feedback.
- Learn techniques to deliver feedback in a way that inspires growth and addresses challenges effectively without damaging trust.

MODULE 4:

BUILDING TRUST AND PSYCHOLOGICAL SAFETY

- Discover strategies to foster trust within teams, creating a psychologically safe environment where individuals feel valued and empowered to contribute and take risks.

MODULE 5:

COACHING FOR DEVELOPMENT AND RESILIENCE

- Implement coaching strategies that enhance personal and professional growth.
- Guide team members in setting goals, navigating challenges, and building resilience through structured coaching conversations.

MODULE 6:

APPLYING COACHING IN LEADERSHIP SCENARIOS

- Engage in real-world scenarios to practice and refine coaching techniques.
- Explore how to integrate coaching seamlessly into daily leadership practices to support team alignment and long-term success.



MODULE 7:

SUSTAINING A COACHING CULTURE

- Learn how to embed coaching into the organizational culture, ensuring a sustained impact on team and business outcomes.
- Develop strategies to mentor others in adopting coaching practices.

Period

**1-2
Days**

Program designed for:

Team Supervisor,
Section Head, Line Manager