



PROGRAM **OVERVIEW**







This 1-2 day program equips leaders with the mindset and skills needed to lead with courage in challenging environments. Participants will explore personal and team-based strategies to embrace discomfort, foster psychological safety, and drive transformative action. The program combinesself-reflection, interactive exercises, and practical tools to help leaders lead boldly and inspire courageous action across their teams and organizations.

PROGRAM OBJECTIVE

By the end of this program, participants will:

- Identify and overcome common barriers to courageous leadership.
- Develop personal resilience and confidence to embrace discomfort indecision-making.
- Build psychological safety within their teams to encourage bold actions and innovative thinking.
- · Acquire skills to lead transformative change, even in the face of resistance.
- · Integrate key learnings to foster a culture of courageous leadership.













PROGRAM **OUTLINE**

MODULE 1:

UNDERSTANDING THE BARRIERS AND FOUNDATIONS OF COURAGEOUS LEADERSHIP

- Explore the psychology of fear and its impact on leadership.
- Identify common barriers to courageous decision-making.
- Learn the principles and benefits of leading with courage.



MODULE 2:

BUILDING COURAGE IN SELF-DEVELOPMENT -EMBRACING DISCOMFORT

- Develop strategies for stepping out of comfortzones.
- Strengthen personal resilience and adaptability inuncertainty.
- Practice techniques for making confident decisions under pressure.

MODULE 3:

CULTIVATING COURAGEOUS TEAMS – BUILDING PSYCHOLOGICAL SAFETY

- Understand the role of psychological safety in fostering team boldness.
- Learn how to create trust and openness with inteams.
- Equip teams to take calculated risks and navigate failure constructively.

MODULE 4:

FOSTERING A CULTURE OF LEADING BOLD CHANGE - SKILLS IN DRIVING TRANSFORMATIVE ACTION

- Acquire tools to lead bold and necessary organizational changes.
- Build confidence in addressing resistance and driving alignment.
- Inspire teams to embrace and champion transformative initiatives.



PUT IT ALL TOGETHER

- Reflect on personal and team-based insights gained throughout the program.
- Create actionable plans to apply courageous leadership principles.
- Share key takeaways and commitments for fostering a bold leadership culture.

Period

Program designed for:

1-2 Days

Department Manager, Functional Manager CEO, Managing Director, Division Head